

Castlebar Useful Contact's List

Le Cheile Community and Family Resource Centre
Tel: 094 902 5126 / 086 056 1965 / 087 9697 777

We provide on-line support via Facebook, daily phone support to local individuals and families, older people groups and marginalized groups. Facilitates the Food Cloud project in conjunction with Tesco and Lidl Ireland. Linking in with Tusla local clubs, voluntary groups and with Mayo County Council.

Working together to stay safe but stay connected !!

Support & Services	Phone	Info
Garda Station	094 903 8200	
St. Vincent De Paul	094 902 3207	
Tusla Office	094 904 9136	
Cairde Club	094 925 0570	
Order of Malta	087 707 4514	Any difficulty getting food/medicine/household essentials, they will assist.
Mayo Mental Health	094 903 8148	
Mayo Volunteer Centre	087 679 6937	
Donie's Delivery Service	083 812 9912	
Citizen's Information	0761 07 4000	
Workplace Relations Commission	059 917 8990	
Meals on Wheels	094 902 1378	
Telephone Befriending Service	094 902 1378	
Breaffy GAA Club	086 087 3215	Many members have offered assistance to those who are older/vulnerable
Brewery Cup	094 902 7543	Offer main courses for collection
Castlebar Community Sports Project	086 8392 753	Anyone who needs assistance/want to volunteer
Local Link	094 900 5150	Offer deliveries of medical/food supplies to elderly/vulnerable
G.P Offices		Phone
Castlebar Family Practice		094 902 4827
Tobin Healthcare Centre		094 902 1119
Dr. Brid O Malley		094 903 5952
Drs. Kieran & Ann Long		094 902 4623
Castlebar Primary Care Centre		094 904 9250
Dr. Stephen Patten		094 902 1999
WestDoc Westport		1850 365 000

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Supermarkets & Pharmacies	Phone	Info.
Tesco Superstore	094 903 8155	Order online www.tesco.ie
ALDI	1800 991 828	
Supervalu – Castlebar Kavanagh’s	094 902 4808	Order online www.supervalu.ie
Dunnes Stores	094 902 3021	
Lidl	094 903 5944	
Maxol	094 902 6308	
Corrib Oil	094 902 4975	
Centra	094 902 3836	
Mulroy’s Londis	094 902 1359	
Staunton’s Pharmacy	094 902 4045	
John O’Donnell’s Pharmacy	094 902 4524	
MacAuliffe’s Totalhealth Pharmacy	094 902 5995	
Emergency Contacts	Phone	Info.
Mayo County Council COVID Helpline	094 906 4660	Operates 8am-8pm to assist with enquiries and direct people to their local community support services
HSE Live Helpline	1850 24 1850	
ALONE Support Line for Older People	0818 222 024	
The Samaritans	Tel: 116 123 / Text: 087 2609 090	
Pieta House	1800 247 247	
Aware	1800 80 48 48	
Childline	Tel: 1800 66 66 66 / Text: 50101	
Mayo Women;s Support Services	094 902 5409	
Women’s Aid	1800 34 19 00	
AnyMan Ireland	01 554 3811	
Parentline	1890 92 72 77 / 01 873 3500	
Mayo Rape Crisis Centre	086 1659 063 / 086 818 3947	