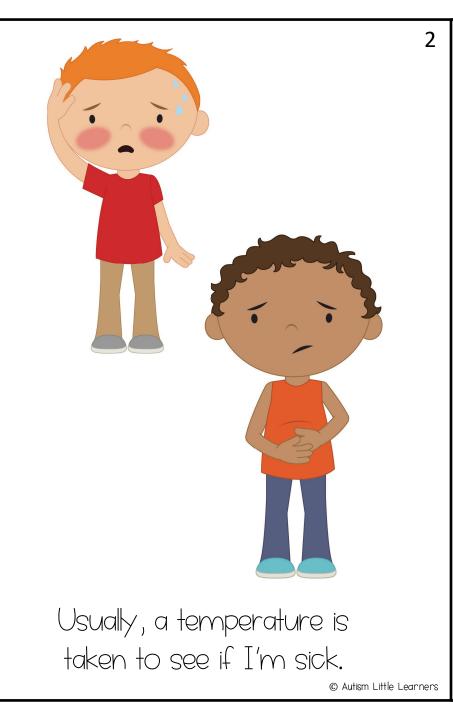
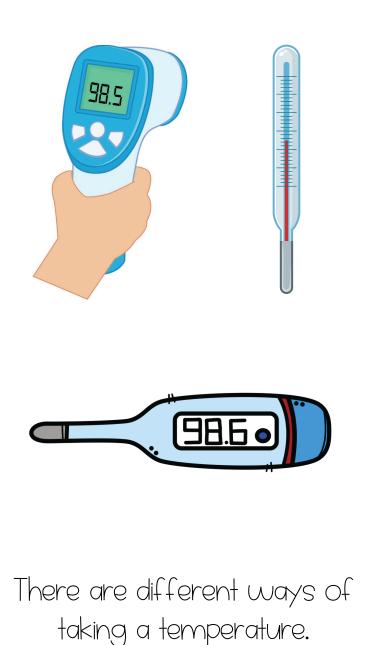




There are times when I need to get my temperature taken.

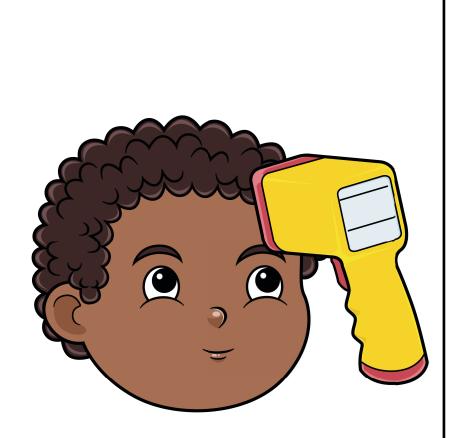




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Sometimes a temperature is taken without touching me. The thermometer is held up in front of my face.



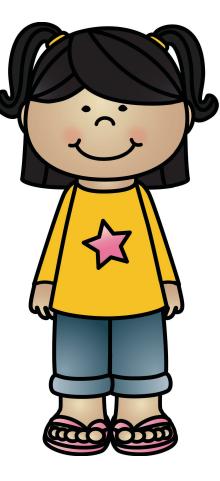
Other times the thermometer touches me and moves across my forehead.

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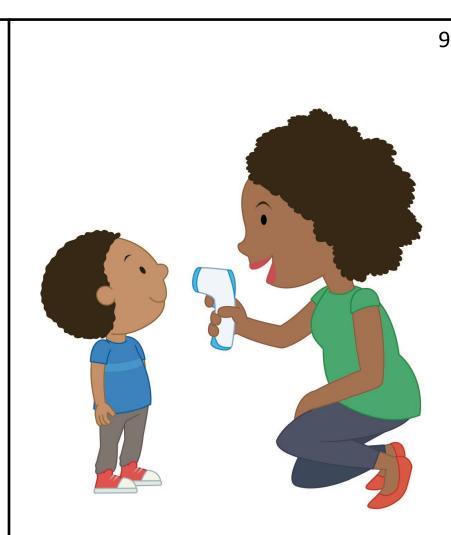
Another way to measure my temperature is by putting a thermometer into my mouth. It usually goes under my tongue.



## I should try to be still when an adult takes my temperature.



If I have a high temperature, I might need to take some medicine. I should also rest.



It is important to get my temperature taken sometimes. I will get used to it.

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